

Once all of the above has been completed and your results have been assessed to be within normal limits and you have had the 3 month cooling off period and you still wish to donate, you can sign a reaffirmation declaration and relevant

consents which will be provided to you in advance to read. We strongly encourage donors (and partners) and the recipients become known to each other although this is not mandatory. If both parties agree to a meeting, this introduction is facilitated through a Fertility Solutions counselor.

Some people actually ask to donate their eggs, sperm or embryos to a couple that they nominate, it may be a friend or perhaps family member who are having fertility issues. If you are unsure who you may be able to donate to just ask.

#### Considering Embryo Donation:

This can indeed be a difficult decision for someone to make. **It is Fertility Solutions' policy that a decision about surplus embryo/gamete storage should not be made until the youngest offspring is 12 months old or, where treatment has unfortunately not been successful, not until 12 months after the date of the last fertility treatment. Where a patient or couple insists on the disposal of the stored gametes or embryos prior to this time passing, Fertility Solutions requires that the individual/couple seek counselling with one of our approved counsellors prior to confirming the decision.**

You are of course invited to access a psychologist to assist you in the decision making process at any time.

#### Counselling

Counselling is a mandatory requirement for couples who are considering donating unused gametes or embryos or those considering using donor gametes to make sure that all participants are fully aware of the immediate and long term implications of the donation, and are comfortable to proceed. Most people find the donor counselling process very informative and not the daunting process they initially thought.

#### Certification:

Fertility Solutions is certified annually by Global-Mark and the Reproductive Technology Accreditation Committee (RTAC) a sub-committee of the Fertility Society of Australia under the RTAC certification scheme. This ensures that we are consistently meeting Industry Standards for best practice in Fertility Treatments.

This advertisement has been approved by the Queensland Minister for Health as required under the *Transportation and Anatomy Act 1979 (Qld)* for advertisement in Queensland.

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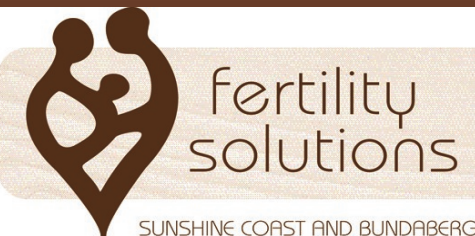


\*Although Fertility Solutions have made every effort to ensure the accuracy and completeness of information contained in this brochure, we assume no responsibility for errors, inaccuracies, omissions or any inconsistency herein. If you are unsure of anything, please ask your local doctor or contact Fertility Solutions. Version 3 January 2015

**We donate our blood,  
our organs & our  
time....**

**what about donating  
life?**

**(Donating Sperm, Eggs and Embryos)**



# HOPE

## Introduction

The use of donated sperm or eggs (known as gametes), and embryos is a very important part of fertility treatment. There are many couples and individuals who are desperate to have a baby who either need donor sperm, eggs and embryos to start a family.

Fertility Solution's donor program facilitates treatment with known or clinic recruited donors. For those wishing to use clinic recruited donors, we have established an organised system, including a waitlist to ensure fair and non-discriminatory access for women and couples to treatment with donor embryos and gametes. If you are able to bring a known donor with you to the clinic then we can work with all parties to assess suitability and provide relevant information so informed decisions can be made.

Donating can be a particularly emotional and complex form of treatment and donating or using donor gametes or embryos has serious long-term implications for the donor and their own families. It is for this reason that Fertility Solutions carries out a thorough process of preparation for both the donor (and partner) and the recipient(s).

This process involves thorough medical assessments, detailed testing and extended counselling of all parties involved in the donation process, including the recipient(s), the donor and the donor's family as well as a legal consultation for all parties.

The most important aspect of preparing all parties for the donation is to ensure that everyone involved makes the right decisions for themselves and their family: decisions that they will be comfortable with in 10, 15 or 20 years' time.

To assist in this process a lot of time will be spent going through the social, emotional and legal issues with you as a potential donor. We will also assist you in considering the potential implications for you, your family and any children involved.. **You can be assured that your information will remain confidential at all times.**

## What do I need to do to become a donor?

To be considered as a donor the following must be met:

- ◆ The donor and partner must seek a legal opinion about the implications of being a donor prior to proceeding with the process.
- ◆ The donor is not currently undergoing fertility treatment themselves.

# WISH

- If you are wanting to donate semen a male must be over the age of 21 and under 45 at the time of donation. If wanting to donate eggs then the female must be over the age of 21 and under 37.

- The donor should have proven fertility and have completed their own family (these criteria are preferable not mandatory).

- There must be no evidence of coercion (i.e. recipient to donor).

- In Queensland it is not legal to pay for human tissue including sperm, eggs and embryos however, donors may be reimbursed for their reasonable expenses incurred relating to the supply of the donor gametes, as per Section 17 under the *Research Involving Human Embryos and Prohibition of Human Cloning Act*. If you would like further clarification on what would be considered a "reasonable expense" please call the clinic.

- The donor must be prepared to be known to any offspring once the offspring reach the age of 18.

- Fertility Solutions has a limit of 10 families per donor. If you already have children in a relationship this will count as one family.

- If you have a current partner, the decision to donate must be made in conjunction with this partner, ensuring that the decision you make is voluntary and with fully informed consent. We invite everyone to be involved so that everyone moving towards the same goal and is on the same page.

- The donor must be prepared to complete and sign a life-style declaration. This document states that the donor has lead a life style that has resulted in a reduced risk of the transmission of any infectious diseases.

- If you are considering sperm donation you must be prepared to undergo a nationwide police check to confirm that confirms you have no 'disclosable' convictions or have a 'disclosable' conviction that is detailed in the Certificate.

- If you are considering donating will need to undergo a full medical, physical examination and family history. This will be

# DREAM

carried out by a fertility specialist and a clinical geneticist so as to minimize the risk of possible transmission of infectious or genetic diseases.

- At least one mandatory counselling session is required for the donor (and partner if applicable).

- The donor and partner will have to have some infectious screening tests. The screening tests for the donor may include, but are not limited to:

- Blood Group (blood test)
- HIV 1&2 - AIDS (blood test)
- Hepatitis B & C (blood test)
- Syphilis (blood test)
- HTLV 1/2 (blood test)
- Cytomegalovirus (CMV) (blood test)
- Chlamydia (Urine Sample)
- Gonorrhoea (Urine Sample)
- Cystic Fibrosis Screen (blood test)
- Chromosome Analysis (blood test)

The screening tests for your partner (if you have one) may include, but are not limited to:

- HIV 1&2 - AIDS
- Hepatitis B & C
- Syphilis
- HTLV 1/2
- Chlamydia (Urine Sample)
- Gonorrhoea (Urine Sample)

- If you are considering semen donation we need to have a look at your sperm. You will need to produce a semen sample via masturbation. This sample can be produced at home if this is more comfortable for you or you can produce the sample at Fertility Solutions in our dedicated, private room. To be a sperm donor, it is preferable that you have a normal semen analysis, although if your semen analysis is not normal you may still be able to be considered as a donor for couples who need IVF. For information on what happens with a semen analysis, please ask for one of our Semen Analysis brochures. We will do a trial freeze of your semen and then a day or so later thaw the semen and perform another assessment. If the thaw results are within normal limits we will then ask you to provide more samples for freezing over a number of weeks. These will be frozen for a minimum of 6 months. You will then be asked to have repeat infectious screens before the samples can be allocated.