

◆ Fertility Solutions will reimburse for the donor's costs of having a consultation with a recognized legal firm to discuss the potential legal implication of sperm donation.

◆ We also need to have a look at your sperm so you will need to produce a semen sample via masturbation. You can produce this sample at home if this is more comfortable for you or you can produce the sample at Fertility Solutions in our dedicated, private room. To be a sperm donor, it is preferable that you have a normal semen analysis so that your semen can be used in a procedure called artificial insemination or intra uterine insemination. If your semen analysis is outside the normal results you may still be able to be considered as a donor for couples who need IVF. For information on what happens with a semen analysis, please ask for one of our Semen Analysis brochure.



◆ We will do a trial freeze of the sample provided for analysis. This involves thawing the semen and perform another assessment. If the thaw results are within normal limits we will then ask you to provide more samples over a number of weeks for freezing. These samples will be frozen for a minimum of 6 months at which time you will have the infectious screening tests repeated before the samples can be released for allocation. To a recipient(s).

◆ When all of the above tests and consultations have been completed and the test results have been assessed to be within normal limits and the cooling off period of 3 months has been completed, and you are still interested in being a donor you can then sign a reaffirmation of the Lifestyle Declaration and associated consents which will be provided to you in advance to read.

In Queensland it is not legal to pay for human tissue including sperm, eggs and embryos as per the *Transplantation and Anatomy Act 1979 (Qld)* however, donors may be reimbursed for reasonable expenses incurred relating to the supply of the donor gametes, as per Section 17 under the *Research Involving Human Embryos and Prohibition of Human Cloning Act*.

I WOULD LIKE TO DONATE, HOW DO I ARRANGE THE NEXT STEP?

You don't need a referral from a doctor if you would like to have further discussions. We would be delighted to arrange a suitable time. If you do decide to donate then you will need a GP referral to one of our specialists. Please contact us now on 1300 FERTILITY (337 845) or you can email us at enquiries@fssc.com.au

Certification:

Fertility Solutions is certified annually by Global-Mark and the Reproductive Technology Accreditation Committee (RTAC) a sub-committee of the Fertility Society of Australia under the RTAC certification scheme This ensures that we are consistently meeting Industry Standards for best practice in Fertility Treatments.

This advertisement has been approved by the Queensland Minister for Health as required under the *Transplantation and Anatomy Act 1979 (Qld)* for advertisement in Queensland.

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*Although Fertility Solutions have made every effort to ensure the accuracy and completeness of information contained in this brochure, we assume no responsibility for errors, inaccuracies, omissions or any inconsistency herein. If you are unsure of anything, please ask your local doctor or your Fertility Nurse Specialist. Version 5 Jan 2015

**You have millions....
we only want one!**

**Sperm Donation
what's it all about?**



Sperm entering an egg



HOPE

Introduction

Sperm donation is a very important part of fertility treatment. There are many couples and individuals who are desperate to have a baby who either don't have a male partner or the male partner does not have any sperm at all, or any suitable sperm for his partner to become pregnant. In these situations sperm donation is the only way for them to start a family.

The gift of donated sperm can be one of the greatest gifts of all, giving someone a chance of becoming a parent, an opportunity that they may otherwise not have.

Fertility Solution's donor program facilitates treatment with known or clinic recruited sperm donors. For those wishing to use clinic recruited sperm, we have established an organised system, including a waitlist to ensure fair and non-discriminatory access for women and couples to treatment with donor sperm.

Sperm donation can be a particularly emotional and complex form of treatment and becoming a sperm donor has serious long-term implications for the donor and his own family. It is for this reason that Fertility Solutions carries out a thorough process of preparation for both the donor (and partner) and the recipient(s). This process involves thorough medical assessments, detailed testing and extended counselling of all parties involved in the sperm donation process, including the recipient(s), the donor and the donor's family.

The most important aspect of preparing all parties for sperm donation is to ensure that everyone involved makes the right decisions for themselves and their family: decisions that they will be comfortable with in 10, 15 or 20 years time. To assist in this process a lot of time will be spent going through the social, emotional and legal issues with you as a potential donor. We will also assist you in considering the potential implications for you, your family and any children involved.

You can be assured that your information will remain confidential at all times.

WISH

What are the main benefits for me as a donor?

There are many reasons why a man would consider donating sperm some of these might include:

- ◆ To find out your own fertility status (this is done via a semen analysis at Fertility Solutions)
- ◆ To help assist someone or a couple achieve their dream of starting or completing their family
- ◆ The reassurance that your inquiry will be treated as a private and confidential process.

What do I need to do to be a donor?

To be considered as a sperm donor the following criteria should be met:

- ◆ The donor must be over the age of 18 and under 45.
- ◆ The donor should have proven fertility and have completed their own family (these criteria are preferable not mandatory).
- ◆ There must be no evidence of coercion (from recipient to donor)
- ◆ The donor must be prepared to be known to any offspring once they reach the age of 18.
- ◆ Fertility Solutions policy is that sperm from one donor can be used to create a maximum of 10 families, including the donor's own family. Same sex couples are usually considered as two families. Fertility Solutions currently aims to provide enough sperm from one donor for a family so that if siblings are desired they have the same biological father.
- ◆ If you have a current partner, the decision to donate must be made in conjunction with this partner, ensuring that the decision you make is voluntary and with fully informed consent. We invite everyone to be involved so that everyone is moving towards the same goal and is on the same page.
- ◆ You must be prepared to complete and sign a lifestyle declaration. This document states that the donor has lead a lifestyle that has resulted in a reduced risk of the transmission of any infectious diseases.

DREAM

- ◆ The donor will need to undergo a full medical, physical examination and family history. This will be carried out by a fertility specialist and a clinical geneticist so as to minimize the risk of possible transmission of infectious or genetic diseases. The consultation with the clinical geneticist this can be face to face or over the phone – the choice is yours.
- ◆ The donor and partner will have to do some infectious screening tests. The screening tests for the donor include but are not limited to:
 - ✦ Blood Group (blood test)
 - ✦ HIV 1&2 AIDS (blood test)
 - ✦ Hepatitis B & C (blood test)
 - ✦ Syphilis (blood test)
 - ✦ Cytomegalovirus (CMV) (blood test)
 - ✦ HTLV 1/2 (blood test)
 - ✦ Chlamydia (Urine Sample)
 - ✦ Gonorrhoea (Urine Sample)
 - ✦ Cystic Fibrosis Screen (blood test)
 - ✦ Chromosome Analysis (blood test)

The screening tests for your partner include but are not limited to:

- ✦ HIV 1&2 AIDS (blood test)
- ✦ Hepatitis B & C (blood test)
- ✦ Syphilis (blood test)
- ✦ Chlamydia (Urine Sample)
- ✦ Gonorrhoea (Urine Sample)
- ✦ HTLV 1/2 (blood test)

- ◆ At least one mandatory counselling session with your partner (if you have one), and a Fertility Solutions counsellor. Sometimes more than one session is needed to assist you in your decision.
- ◆ A 3 month 'cooling off' period begins once counselling is completed,

