

Time to consider all the facts before proceeding:

Fertility Solutions has a **cooling off period of 3 months**. This period commences once the recipients (and donor) have had an initial consultation with the donor nurse coordinator and a Fertility Solutions counselor. Being a donor recipient or a donor is a huge decision to be making and we have to give you, your donor if known and the clinic time to make sure that this is the path you wish to follow.

If the cooling off time has passed and you still wish to undertake treatment with donor gametes or embryos, you just need to contact the clinic to arrange a follow up appointment with the donor coordinator. At this appointment you can then sign the relevant consents which will be provided to you in advance to read. If the donor is clinic recruited we strongly encourage both parties to become known to each other although this is not mandatory. If both parties agree to a meeting, this introduction is facilitated through a Fertility Solutions counselor.

Once we have decided that donor is the option for us, how do we find out more information about the fertility treatment?

When you have an initial meeting with your donor nurse coordinator, you will be provided with information about using donor as well as with information specific to the treatment cycle most suitable to your situation such as insemination using donor sperm, IVF using donor sperm or donor eggs, or Frozen Embryo Transfer cycle using donor embryos.

You can be assured that your information will remain confidential at all times.

I WOULD LIKE TO PROCEED WITH USING DONOR GAMETES/EMBRYOS, WHAT DO I DO NEXT?

You don't need a referral from a doctor if you would like to have initial discussions we would be delighted to arrange a suitable time for you to come in and talk with our donor nurse coordinator.

Please contact us now on 1300 FERTILITY (337 845) or you can email us at enquiries@fssc.com.au and ask for an appointment with our **Donor Nurse Coordinator**.

Certification:

Fertility Solutions is certified annually by Global-Mark and the Reproductive Technology Accreditation Committee (RTAC) a sub-committee of the Fertility Society of Australia under the RTAC certification scheme. This ensures that we are consistently meeting Industry Standards for best practice in Fertility Treatments.

This advertisement has been approved by the Queensland Minister for Health as required under the *Transplantation and Anatomy Act 1979 (Qld)* for advertisement in Queensland.

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*Although Fertility Solutions have made every effort to ensure the accuracy and completeness of information contained in this brochure, we assume no responsibility for errors, inaccuracies, omissions or any inconsistency herein. If you are unsure of anything, please ask your local doctor or contact Fertility Solutions. Version 3 January 2015

**Using donor eggs,
sperm or embryos.
What are the options?
Please read on**



HOPE

Introduction

The use of donated sperm or eggs (known as gametes), and embryos is a very important part of fertility treatment. There are many couples and individuals who are longing to have a baby who either need donor sperm, eggs or donor embryos to start a family.

Fertility Solution's donor program facilitates treatment with known or clinic recruited donors. For those wishing to use clinic recruited donors, we have established an organised system, including a waitlist to ensure fair and non-discriminatory access for women and couples to treatment with donor embryos and gametes. If you are able to bring a known donor with you to the clinic then we can work with all parties to assess suitability and provide relevant information so informed decisions can be made.

Donating can be a particularly emotional and complex form of treatment and donating or using donor embryos or gametes has serious long-term implications for the donor and the recipients and their own families. It is for this reason that Fertility Solutions carries out a thorough process of preparation for both the donor (and partner) and the donor recipient(s).

This process involves thorough medical assessments, detailed testing and extended counselling of all parties involved in the donation process, including the donor recipient(s), the donor and the donor's family. **It is also mandatory that all donor's and their partner's either known or clinic recruited seek a legal opinion about the implications of being a donor prior to proceeding with the process.**

The most important aspect of preparing all parties for the donation is to ensure that everyone involved makes the right decisions for themselves and their family: decisions that they will be comfortable with in 10, 15 or 20 years' time.

To assist in this process a lot of time will be spent going through the social, emotional and legal issues with you as a potential recipient. We will also assist you in considering the potential implications for you, your family and any children involved.

What criteria needs to be met if we want to use a known donor?

To be considered as a donor the following criteria should be met::

- The donor must not be currently undergoing fertility treatment themselves.

WISH

- If considering a known sperm donor, the donor must be over the age of 21 and under 46 at the time of donation. If considering a known egg donor the donor must be over the age of 21 and it is preferable that they are under 37 at the time of the donation.

- The donor has proven fertility & has completed their own family (these criteria are preferable not mandatory).

- In Queensland it is not legal to pay for human tissue including sperm, eggs and embryos however, donors may be reimbursed for their reasonable expenses incurred relating to the supply of the donor gametes, as per Section 17 under the *Research Involving Human Embryos and Prohibition of Human Cloning Act*. If you would like further clarification on what would be considered a "reasonable expense" please call the clinic.

- The donor must be prepared to be known to any offspring once the offspring reach the age of 18.

- Fertility Solutions has a limit of 10 families per donor. If the donor already has children this will count as one family.

- If the donor has a current partner, the decision to donate must be made in conjunction with this partner, ensuring that the decision you make is voluntary and with fully informed consent. We invite everyone to be involved so that everyone moving towards the same goal and is on the same page.

- The donor must be prepared to complete and sign a lifestyle declaration. This document states that donor has lead a life style that has resulted in a reduced risk of the transmission of any infectious diseases.

- If you are considering using a known donor the donor will need to undergo a full medical, physical examination and family history. This will be carried out by a fertility specialist and a clinical geneticist so as to minimize the risk of possible transmission of infectious or genetic diseases.

- At least one mandatory counseling session is required for the recipients if using a clinic recruited donor.

DREAM

If using a known donor then the donor and partner must attend a counseling session as do the recipients separately and then all parties must attend a joint counseling session.

- You and your partner will have to have infectious screening tests performed. The screening tests for the female recipient may include, but is not limited to:

Blood Group (blood test)
HIV 1&2 - AIDS (blood test)
Hepatitis B & C (blood test)
Syphilis (blood test)
HTLV 1/2 (blood test)
Cytomegalovirus (CMV) (blood test)
Chlamydia (Urine Sample)
Gonorrhoea (Urine Sample)
Cystic Fibrosis Screen (if using donor sperm)
Chromosome Analysis (if using donor sperm)

The screening tests for the recipients partner may include, but are not limited to:

HIV 1&2 - AIDS
Hepatitis B & C
Syphilis
HTLV 1/2
Chlamydia (Urine Sample)
Gonorrhoea (Urine Sample)
Cystic Fibrosis (if using donor eggs)
Chromosome analysis (if using donor eggs)

- A known sperm donor will need to produce a semen sample via masturbation. This sample can be produced at home if this is more comfortable or your donor can produce the sample at Fertility Solutions in our dedicated, private room. The semen sample will be assessed for its suitability. For information on what happens with a semen analysis, please request one of our Semen Analysis brochures. Finally, it is necessary that the donor sperm undergoes a trial freeze and thaw. In some instances freezing and thawing the semen may compromise the sperm so that it is not suitable for all types of fertility treatments. This will be discussed further with you at your interview.

