

PROVEN FERTILITY OUTCOMES

Fertility Solutions

The Ultimate Pre-Conception Preparation

Scientifically Proven Strategies to Improve YOUR
Chance of Conception



The IVF Project
ENHANCING REPRODUCTIVE OUTCOMES

 **fertility solutions**
with an affordable edge

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Want to Give Yourself the Best Chance of Success?

If your answer is **YES!** then we have created this **exclusive offer** for you as a client of **Fertility Solutions.**

Integrated team care delivers optimal outcomes.

Our mission is to ensure that everyone can receive scientific guidance to help achieve pregnancy through exercise, diet and mindset - scientifically proven strategies! Everyone should be given their best opportunity for conception.

We want to ensure you take an integrated approach to your health, simply because it provides superior outcomes. With a team approach, we deliver your optimal clinical exercise prescription and comprehensive dietary guidance, providing evidenced based support and guidance to optimise your pre-conception health.

Our unique approach is tailored to enhance sperm and egg quality and create a receptive uterine lining ready for implantation. We would love to share with you everything we have learnt and applied to help couples get pregnant!

With the experience of multiple IVF cycles I understand how stressful and challenging this time can be. Now **YOU** can benefit from our years of research and specialist Exercise Physiology and Dietetics.

The scientific evidence is clear that these strategies work! Improve your chance of conception, save cycles of treatment and build your resilience through the roller coaster of fertility treatments.

Are you ready to empower yourself for a positive outcome? Then The IVF Project is right here with you!

Dr Cecilia Kitic

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Monthly Membership Offer

Optimising your pre-conception health will give you the best chance of pregnancy success. If you are ready to transform your fertility and get ready for pregnancy, now is the time to start!

Our services are delivered online and via Telehealth so you can access our expertise from anywhere across the globe!

What is Included?

-  **Initial Individual or Couple Consultation** with an Accredited Exercise Physiologist (55 min) to inform your initial tailored exercise programming and treatment approach.
-  Development of a **customised exercise prescription** for yourself and your partner (if applicable) (four weeks of programming tailored specifically for their needs).
-  **Follow up consultations** with an **Accredited Exercise Physiologist** (1-2 x 15-30 min) each month to progress and optimise your exercise prescription for each stage of treatment.
-  **Comprehensive Nutrition Analysis** for you and your partner. This analysis includes a detailed assessment of energy balance, macronutrient intake and micronutrient targets with a comprehensive report.
-  **Initial Dietitian Consultation** (30 min) to discuss your comprehensive analysis and develop practical strategies to optimise your nutrition and address gut health for fertility.
-  **Follow up Dietitian Consultation** (20min) each month to provide practical advice and ongoing support to keep you on track for optimal outcomes.

SPECIAL OFFER
\$287/month

This discounted offer is only available to Fertility Solutions Clients by phoning The IVF Project Clinic Ph. 1300 084 694 to book your initial consultation.

Accredited Exercise Physiology services and our Dietitian consultations take place via a secure online Telehealth platform so you can access our expertise from the Sunshine Coast, North Queensland and anywhere else around the globe! Accredited Exercise Physiology services can also be accessed at The IVF Project Clinic located at Spring Hill in Brisbane and face to face consultations are eligible for private health and medicare rebates with the appropriate level of extras cover/referral. Dietitian consultations that take place via a secure online Telehealth platform may be eligible for rebates but please check with your private health provider as this will depend on your level of cover and insurer.

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Address

The IVF Project is located within The Johnson at Spring Hill with on street parking or secure car parking nearby.

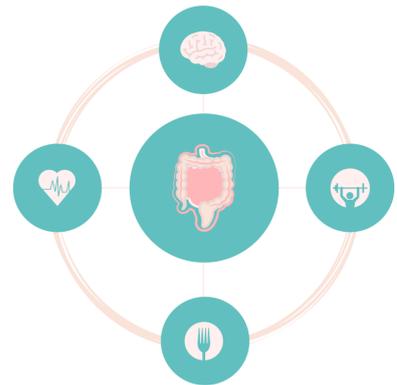
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